

Vegan Menu

Breakfast (served all day)

Open bagel with jam	£2.20
Thick cut multiseed toast with avocado and olive oil	£3.20
Hot breakfast roll with grilled mushroom, grilled tomato and spinach	£3.60
Panini with baked beans, marmite and vine tomato	£3.80
Thick cut multiseed toast smooth peanut butter	£2.50
Breakfast smoothie, banana, oats, blueberry, honey and almond milk	£3.00

Lunch

Your choice of sandwich or wrap from the following ingredients: £3.50/£3.80

Humus, tomato, cucumber, avocado, peppers, spinach, rocket, mixed leaf, edamame beans, onion chutney, semi dried tomato, olives, beetroot

Toasted wrap with humus, avocado, roast tomato, spinach, red pepper, mixed seeds and edamame beans £3.80

Toasted flatbread with falafel, carrot, spinach, coriander, onion, Siracha sauce £4.50

Baked potato with baked beans (please specify no butter) £4.20

Beetroot Nicoise salad £5.25

Baby gem, beetroot, edamame beans, cherry tomato, croutons, house dressing (please specify the vegan option)

Drinks

In addition to a variety of soft drinks all our smoothies can be made without yoghurt. We offer a great selection of herbal teas as well as soya and almond milk for those lattes and flat whites.

