Breakfast (served all day)

egan

"Wolfys" Vegan porridge	E3.20
Open bagel with jam or peanut butter	E2.60
Granola with strawberries, blueberries and almond milk	E3.80
Thick cut multi seed toast, smashed avocado, olive oil (add grilled mushroom and roast tomatoes for E1.50)	E4.60
Hot breakfast roll with grilled mushroom, grilled tomato, spinach	E3.80
Panini with baked beans, marmite and vine tomato	E4.20
Breakfast smoothie, banana, oats, blueberry, almond milk	E3.60

Lunch

Toasted wrap with hummus, avocado, roast tomato, spinach, red pepper, mixed seeds and edamame beans	E5.60
Toasted flatbread with hummus, falafel, carrot, spinach, coriander, onion, Sriracha sauce	E5.70
Baked potato with baked beans (please specify no butter)	E5.30
Cumin roasted squash, beetroot, falafel, hummus, carrot, cherry tomato, seeds, mixed leaf and crouton	E6.90
Vegan naked pizza – roast tomato, olives, beetroot, onion, edamame beans, leaves and hummus	E9.00

Drinks

In addition to a variety of soft drinks all our smoothies can be made without yoghurt. We offer a great selection of herbal teas as well as soya oat and almond milk for those lattes and flat whites.